



**2nd Annual NT MS/HS
Health and Fitness Day
May 20, 2019**

**Chairman Marc Fox—
Keynote Speaker**

Softball Tournament

Military Fitness Activities



Domestic Violence—Color Run

Fitness and Rec— Corn Hole

Circuit Training

Teepee Race

**Diabetes Program - Field
Event**

Mind Set



**Lunch
Fun**

Cardio

Field Events

Fitness Inflatables